

Molasses Baked Beans

From Nancy Gong, Tai•Pan

Optional meat:

1/2 lb lean ground beef

8 slices of bacon, chopped

1 small onion, chopped

1 can pinto beans, drained / rinsed

1 can butter beans

1 can black beans

1 can kidney beans

1/4 cup ketchup

2 Tblspns Robust molasses

1/2 tsp dry mustard

1/2 cup granulated sugar

1/4 cup packed brown sugar

Meat option: brown beef, onion and bacon.

Mix beans, ketchup, molasses, mustard and remaining ingredients in crock pot. Mix well.

Add meat if preferred. Cook on low for 2-3 hours or until heated through. Uncover the last hour to thicken if you like.

First introduced at a work day lunch. This recipe gets tripled for club events. Quickly becoming a favorite. It's the molasses and mustard!